

MEDICAL HISTORY

Name: _____ Date: _____
 Age: _____ Height: _____ Weight: _____
 Name of physician: _____ Location: _____
 Date of most recent visit with physician: _____ Reason: _____
 What is your estimate of your general health? Excellent Good Fair Poor

DO YOU HAVE OR HAVE YOU EVER HAD (mark "Yes" or "No")

CARDIOVASCULAR

- Congestive Heart Failure Yes No
- Heart Attack Yes No
- Angina Pectoris (Chest Pain) Yes No
- Arteriosclerosis Yes No
- High Blood Pressure Yes No
- Low Blood Pressure Yes No
- Heart Murmur Yes No
- Mitral Valve Prolapse Yes No
- Rheumatic or Scarlet Fever Yes No
- Congenital Heart Defect Yes No
- Artificial/Prosthetic Heart Valve Yes No
- Damaged Heart Valves Yes No
- Repaired Heart Defect Yes No
- Arrhythmias Yes No
- Heart Pacemaker Yes No
- Implantable Defibrillator Yes No
- Coronary Bypass Yes No
- Coronary Angioplasty Yes No
- Cardiac Stent Yes No
- Heart Transplant Yes No
- Aneurysm Yes No
- History of Infective Endocarditis Yes No
- High Cholesterol Yes No

- Epilepsy, Seizures, Convulsions Yes No
- Psychiatric Treatment Yes No
- Panic Attacks Yes No
- Phobias Yes No
- Anxiety Yes No
- Depression Yes No
- ADD/ADHD Yes No

GASTROINTESTINAL

- Stomach/Intestinal Ulcers Yes No
- Colitis Yes No
- Persistent Diarrhea Yes No
- Hepatitis Yes No
- Liver Disease Yes No
- Yellow Jaundice Yes No
- Cirrhosis Yes No
- Eating Disorder Yes No
- Gastric Reflux (GERD) Yes No
- Frequent Heartburn Yes No

PULMONARY

- Allergies or Hives Yes No
- Asthma Yes No
- Chronic Cough Yes No
- Emphysema Yes No
- Tuberculosis (TB) Yes No
- Pneumonia Yes No
- Shortness of Breath Yes No
- Sarcoidosis Yes No
- Breathing Difficulties Yes No
- Sleep Apnea Yes No
- Snoring Yes No
- Frequent Sinus Infections Yes No

HEMATOLOGIC

- Blood Transfusion Yes No
- Anemia Yes No
- Hemophilia Yes No
- Leukemia Yes No
- Sickle Cell Anemia Yes No
- Prolonged Bleeding Yes No
- Abnormal Bleeding Yes No
- Taking a Blood Thinner Yes No

NEUROLOGIC

- Vision Problems Yes No
- Glaucoma Yes No
- Earaches, Ringing in Ears Yes No
- Hearing Loss Yes No
- Fainting or Dizzy Spells Yes No
- Stroke Yes No

DERMAL/MUSCULOSKELETAL

- Allergy to Latex Yes No
- Skin Rash Yes No
- Night Sweats Yes No
- Osteoarthritis Yes No
- Rheumatoid Arthritis Yes No
- Systemic Lupus Yes No
- Other Autoimmune Disorder Yes No

- Artificial (Prosthetic) Joint Yes No
 - Date: _____
 - Any Complications Yes No

ENDOCRINE

- Diabetes Yes No
HbA1c = _____
- Thyroid or Parathyroid Disease Yes No
- Taking Cortisone/Other Steroid Yes No
- Hormone Deficiency Yes No

GENITOURINARY

- Urinate Frequently Yes No
- Kidney, Bladder Problem Yes No
- Dialysis Yes No
- Kidney Transplant Yes No
- Sexually Transmitted Disease Yes No
- HPV Yes No
- HIV/AIDS Yes No

OTHER CONDITIONS

- Frequent Sore Throats Yes No
- Persistent Swollen Lymph Node or Gland Yes No
- Use Tobacco (Smoking or Smokeless tobacco) Yes No
- If so, how interested are you in Quitting? Very Somewhat Not Interested
- Use Alcohol Yes No
- Use Recreational Drugs Yes No
- Drug or Alcohol Addiction (Recovering or Current) Yes No
- Tumor or Cancer Yes No
- Radiation Therapy Yes No
- Chemotherapy Yes No
- Immunosuppressive Medication Yes No
- Osteoporosis or Osteopenia (taking bisphosphonates) Yes No
- Paget's Disease Yes No
- Head or Neck Injuries Yes No
- Chronic Pain Yes No

- Sleep Disorder Yes No
- Frequent Headaches/Migraines Yes No
- Adverse Reaction to Local or General Anesthetic Yes No
- Other allergies Yes No
If yes, list: _____

- Any Disease, Problem, or Condition not Listed Yes No
If yes, list: _____

ARE YOU

- Presently Being Treated for any other Illness? Yes No
- Aware of a Change in your Health in the Last 24 hours? Yes No
- Taking Medications for Weight Management? Yes No
- Taking a Dietary Supplement? Yes No
- Often Exhausted or Fatigued? Yes No
- Have you been treated, or are you scheduled to begin treatment with IV bisphosphonate drugs for bone pain, hypercalcemia, or skeletal complications resulting from Paget's disease, multiple myeloma, or metastatic cancer? Yes No
 - Date treatment began: _____

WOMEN ONLY

- Taking Birth Control Pills Yes No
- Currently Pregnant Yes No
 - Number of weeks: _____
- Nursing Yes No

For office use:
Blood pressure: _____ Pulse: _____

MEDICATIONS

1. _____	5. _____	9. _____
2. _____	6. _____	10. _____
3. _____	7. _____	11. _____
4. _____	8. _____	12. _____

For office use:
Date Updated: _____ Date Updated: _____ Date Updated: _____ Date Updated: _____ Date Updated: _____